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UNCONTROLLABLE DEPRESSION TENDENCIES ISSUES OF A

MUSICIAN IN A STAR IS BORN (2018) MOVIE

THESIS

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CHAPTER I

INTRODUCTION

1.1 The Background of the Study

Every human being live with a combination of happiness and sadness. A balance portion of those both aspects is really needed, in order to achieve the exact balance in achieving life goals. But in reality, sadness is often more dominant for some people. Most people assumed that it is just because of inability in self-controlling. Whereas, several studies stated that it is caused by the disorder in their mental health. And depression is most relatable issue among people around the world (Rosenhan & Seligman, 1989). More than 264 million people in this world affected. Especially when moderate or severe intensity, depression may become a serious health condition. At its worst, depression can lead to suicidal thought. Close to 800.000 people die due to suicide every year (WHO). In literary works, this issues gets many responses from some authors and directors. As a medium which can convey people ideas or critics about society and the problems inside, this depression issues also being conveyed through so many form of literary works. From that situation, people begin to have curiosities about it, and try to find out what is really happened in it.

All we need to know is the depression does not recognize gender discrimination, age, race, profession or even social status. As, not only in ordinary people, but unexpectedly it is also affect among musicians. This is inversely proportional to the expectations of people who assumed that being a musician (especially when he / she is a rock star) means being a people who live in a glamour, perfection, and peace. That has always been a stereotype for

many years. But the fact, was just the opposite. Musician and depression are more inseparable. Emptiness and guilt on them become a definite consequence that clearly shown on their depression symptoms. In this case, depression often reached a point where it cannot be controlled, that in some cases it could lead to suicide. But still, some people do not take it serious, and just ignore. At its worst, as it happened in many musicians, they prefer to keep it to themselves, rather than asking a help from a psychiatrist or psychologist. Thus, causing many problems to occur in it. This has been proven by numerous numbers of suicide cases committed by musicians because of uncontrollable depression. The writer reads this situation, and sees an important opportunity to make it as a topic of this study.

There are some types of literary works (Julien Bonn, 2010;93). Literary work is a result of human being thinking which tells about life deal with feeling, ideas, and problem. The innovation in literature continuously developing. It is because the literature is the sum of conventions and innovations. Because of the progress of science and technology, the literature development has been changed from textual to visual. In the current theory book written by The English and American Studies Professor of The University of Innsbruck, Mario Klarer entitled "Introduction to Literary Study" (1998), specifically includes movie as a literary work, (P; 56-57) which is a genre of contemporary literary.

Among several movies that told about musicians or depression, the writer chooses A Star is Born (2018) movie to be the subject of this study. This movie is one of several movies that strongly represent how depression attacks musician's psychic and life. The visualization in A Star is Born (2018) movie can accommodate some dimensions of meaning which is explicit. The dimension such as imaginary, that is an imagination when people watch a movie therefore people can feel and get involved in the character's

experiences. The figure of a rock star named Jackson Maine who has chosen to be a strong main character in this movie, has a big role to occupies a strategic position as a carrier (mandate, moral) or something that deliberately wants to be conveyed to the audience (Burhan, 2006: 17). Haake and Gulz define the character which related to the presentation (acting) and the impression in visually forms an expectation of other values in this character (Haake, Gulz (2008) in Hanna, 2013: 4). In the midst of his fame he precisely feels bored with life and feels empty. Jackson Maine character, representantes the struggle of musicians who live with depression, with the movie script that inspired by Kurt Cobain. An American singer (Rock Star), songwriter, and musician, who became an icon of musicians who died because of depression.

Different from other films, A Star is Born (2018) movie input a lot of messages in a way positioning the audiences to not merely passive but is seen as a cultural agent that has its own power in terms of producing meaning from various discourses offered by the media (movie). (Fiske, 1987, in Jensen, 1991: 147). The meaning that carried by this movie could become open or polysemic and even be responded to oppositely by the public. When its viewed from Morley's perspective that adopted Hall's thought to suggest hypothetical positions in Cultural Transformation: The Politics of Resistance (1983, in Marris and Tornham 1999: 474,475), A Star is Born (2018) movie has a tendency in the classification of Dominant (or 'hegemonic') reading, which make the audience in line with the movie codes (which contain values, attitudes, beliefs and assumptions) and fully accepts the meaning that offered and desired by the director and movie scriptwriter.

In literary work, especially movie, there is an element which built the work, it is named the extrinsic element. In movie, extrinsic element makes the critic give more attention to

the context of a text, which is the movie script. It means that the critic is mainly interested in the life background, social conditions and psychological condition of the character that judges the text in relation to the character and his life. From that element people can analyze the psychological side and society point of view. (F.R. Leavis, Eaglestone). The psychological point of view is how the people considering problem based on the psychology of the characters. In this case is Depression issues. Meanwhile, society point of view is how the people consider a depression issue connected to social life of the character or even their work, which is in this A Star is Born (2018) movie is focusing on a musician in music industry. The combination of psychology and society point of view can be analyzed by the extrinsic element using psychological approach, or commonly referred to as Psychoanalytic Literary Criticism / Psychological Criticism. This approach reflects the effect that modern psychology has had upon both literature and literary criticism that changed our notions of human behavior by exploring new areas like wish-fulfillment, mental disorder, the unconscious, and repression, as well as expanding our understanding of how "language and symbols operate by demonstrating their ability to reflect unconscious fears or desires"; (Sigmund Freud). As also Carl Jung's said, that the psychological study of a particular character, usually noting how a character's biographical circumstances affect the behavior. Usually, the analysis of fictional character using the language that has been shown in the movie script and methods of psychology. Breadly Cooper's movie, A Star is Born (2018) is a movie that contains interesting elements and remarkable aspects which can be analyzed through psychoanalysis point of view. As a result of the mental condition that affect the main character (on a recurring scale), it creates some unhappy feelings and emptiness in the Jackson Maine character's self. Those feelings are sadness and loneliness. Based on those problems, the researcher is interested to analyze this movie by using Psychoanalytic Literary Criticism Approach and find what is being a problem in it.

The writer got an inspiration to make a discussion in research from some previous study, one of which is titled Solitary Freedom in Bradley Cooper's A Star is Born (2018): study case by Atinia Hidayah from Science Al-Qur'an University, Wonosobo, Indonesia who wrote about the revelation of meaning through signification process in a film entitled 'A Star is Born (2018)'. She shares the research intends to discuss the signification process in creating meaning and representation of freedom and loneliness in two major characters. Her study is conducted by explaining, deciphering, or making representation in order to gain findings that include major signifiers that signify the signification of freedom such as character's ability to sing and play instruments; and loneliness such as alcohol addiction. This signs has a significant effect on the character mental health. According to Atinia Hidayah's study, the writer confidences that her research will have been success after he applies some linkages based on Literary Criticism Approach. The result of the writer's research will be different because she concerns in depression tendencies which is truly different with the result of solitary freedom in Atinia Hidayah's Thesis. By this, hopefully the reader will have different point of view toward both thesis.

So, this study will contains of a discussion that clearly revolves around a mental disorder issues through the character of Jackson Maine as a symbol of how musician has a tendency dealing with his uncontrollable depression. Additionally, what become the matter and what happened to the individuals that got that mental disorder is a rising question to be answered through this study.

1.2 Research Questions

Based the background of the study above, this study will formulate for the problems in some question, as follows :

1. Through the character of Jackson Maine in the movie, what prove the uncontrollable depression issues happened in musician?

2. What are the triggers of the depresion tendencies in Jackson Maine character as a musician?

1.3 The Purpose of the Study

The writer have the purpose in order to find the final research easily and to avoid the chaotic explanation. Based on the question above, the writer intends to achieve the aim of study as follows :

1. To know the proofs of the uncontrolable depression tendencies issues that happened in musician, through Jackson Maine character in the movie.

2. To know the triggers of the depresion tendencies in Jackson Maine character as a musician.

1.4 Significance of the Study

This study has some significance, either theoretically or practically. Theoretically, this study is important in the way that literary study especially in regarding Psychoanalytic Literary Criticism Approach realization, through the mental disorder case in movie character, and also can increase science perception on the analysis of literature especially in psychological structure. Practically, this study will give benefits to the students who study literature to find out the insight of literature. Then, maybe uses as a reference for further study of literature, and can also applied in many sciences. This study also can be a

reference to the same field of future researches, and expected to be able to enrich literature references especially when it related to the movie and mental disorder.

1.5 Scope and Limitation of the Study

The scope of the study is literature focusing on movie analysis / study using extrinsic approach. This study discusses about the uncontrollable depression tendencies issues upon A Star is Born (2018) movie. This study, however, limits its discussion on depression issues in music industry focusing on the musicians.

1.6 Some Key Terms

In order to avoid misunderstanding about some concepts presented in this study, the following is the definition of some terms that are used in this study.

1.6.1 Depression

Depression (major depressive disorder) is a mental illness that negatively affects the way you feel, the way you think and the way you act, that will causes feelings of sadness and/or a loss of interest in activities once enjoyed.

1.6.2 Uncontrollable Depression Tendencies

Uncontrollable Depression Tendencies is a tendency of depression that lead to suicidal thought when it become chronic.

1.6.3 A Star is Born (2018) Movie

A Star is Born (2018) is a movie that mainly told about the life and problems of being musicians which neatly packed in a love story between Ally (an ordinary person who turned out to be talented in singing) and Jackson Maine. It is also has one of focused story on Jackson Maine, a rock star who experience boredom in his music life and one thing that known to be the main causes is depression which is increasingly out of control.

CHAPTER II

REVIEW OF SOME RELATED LITERATURE

As it was mentioned in the background of the study, before discussing and analyzing this study, it is necessary to establish what has been considered as a framework. This chapter contains some review of related theories and previous related studies.

2.1 Review of Some Related Theories

The following are some of the theories and the explanations of it that used in this study. The review of some related theories in this study used as a basic of viewpoint on doing the study so that it can reinforce the facts and actuality of this research. The theories will be based on its topic discussed.

2.1.1 Relationship between Literature and Movies

As an artwork, Literature might be described as a form of human expression which contained within a group of a words' organization that have been applied to the imaginative works, and aesthetically give pleasure. The 11th edition of Merriam-Webster's Collegiate and The 19th-century critic Walter Pater referred to "the matter of imaginative or artistic literature" as a "transcript" not of mere fact, but also off act in infinitely varied forms and being an expressing ideas of universal interest that not just being framed in which we put language, but it is also functions more broadly in society as a means of both criticizing and affirming values.

When we consume and enjoy a literary work, then retell it as a form of impression and appreciation of a literary work, it means that we have been confronted with the purposes of literature in a combination of expressive or even

persuasive. Its focus is on the literature itself which deliberately produces a pleasing effect at once able to give a viewpoint to the world through critiques to the components inside, and gain a knowledge into the human condition by understanding the author or the script writer's ideas. Furthermore, literature also classified into two major types : written and oral literature. Oral literature includes ballads, myth, jokes, folktales, and fables. While written literature is consists of drama, movie, novel, poetry, and nonfictional literature.

In analyzing a literature, we need a strategy to analyze it in a way of using the elements of literature. The elements of literature aids in the discussion of and understanding of a work of literature as basic categories of critical analysis that produced by the readers of a work just as much as they are produced by its author. That way, we can have manageable units. In sum, without looking at a whole of a literary works, we can examine it individually from the parts of a literature elements, as follows :

a) Plot

Plot is a series of events in a story (Stanton, 2007: 26) that controls governing the development of the actions (Roberts and Jacobs, 1995: 88). Plot usually limited to the events that could result from a variety of other events. The plot is being realized through the actions, behaviors, and attitudes of the main characters. This is a reflection of the characters' thought, behavior, feel, and act in dealing with the problems of life.

According to Stanton (2007: 31) there are two basic elements in the plot ; 1) Conflict, consists of internal conflict (conflict between two desires inside the character), 2) external conflict (conflict between the

character and another character or environment). And the climax is when the conflict being so complicated.

b) Setting

Setting is an environment that surrounds the story and interacts with the events taking place, includes the time and location in where the story being told and initiate the main backdrop and mood for a story. (Stanton, 2007: 35). Setting can be either geography (place), culture, decoration, and also certain times such as year, month, day, or even a period of history, and it can be a weather. Setting can affect the characters and become an example representation of the theme. (Sofia and Sugihastuti, 2003: 20). It is divided in three term that connect each other;

1) Setting of time, describes the time of the story happened, uses factual time, such as year, month, day, season, etc.

2) Setting of place, describes particular place where the story happened, e.g. in the hospial, in the office, etc.

3) Setting of social / society is close to the social behavior of life in a certain place and a certain time. Social setting has a relation to the social status of the character and the social life's system which contains many problems in the complex scope, such as tradition, habits, custom, , religion, faith, ideology, and the way of thinking.

c) Characters

A character divided into two types, protagonist and antagonist. Protagonist usually become the main character that reflects a good side,

meanwhile the antagonist character is always contrast with the character of protagonist. Ususally the antagonist played as a bad person in the story. (Reaske, 1966:45).

d) Point of view

Point of View signifies the way a story gets told the mode that established by the author and presented with the , actions, characters, , setting, dialogue, and events which constitute the narrative in a work of fiction (Abrams. 1999: 231). Roberts and Jacobs (1995:180) stated, the point of view refers to the position. The conditions that affect the point of view depends on two position. First is the situation of the narrator as an observer, and the second is the distance and involvement in the actions.

Roberts and Jacobs (1995:183) divided the point of view into ;

1.) First-person point of view

The narrator tells the story in first person using one of the characters in the story (Arp Johnson 2006, p. 173). This point of view in which using "I" or "we". In this point of view, the audiences learn about the events that happen in the story, and the narrator might become a minor character that observing the action.

2.) Omniscient point of view

This point of view told by a narrator in the third person. The narrator knows everything about the situation in the story. They have no limit to get into the story, including tells the audiences about what happen the character. Arp Johnson, (2006, p.171) states that this point of view is the most manageable point of view to the spacious

area of the story, cause the narrator might come in between the readers and the story, or constantly shifting of the point of view between characters. It also may cause damage to the unity.

3.) Third-person point of view

The story is being told by an outsider person (someone who is not in the story) in this point of view. It is depends on how the perceptions of each characters. The outsider can tell about what the character's feel, thought, see or even hear. They could be able to tell the personalities, behavior and habits of the character.

4.) Objective point of view / Dramatic Point of View.

In Objective Point of View, the narrators disappear into the kind of sound or effects of the rolling cameras. This point of view can move easily everywhere but then they do not know the thought or feeling of character. This point of view expects the audience to guess and interpret by themselves.

e) Themes.

Theme is a central idea that unifies and controls the entire work, and often be summed in a single word (Bonn, 2010: 171-172). It can be a meaningful insight or a comprehensive vision of life, or may be a single idea. A theme also known as the way the author communicate and share the ideas, perception, feelings or the meaning of the story that specifically based on the majority of inside elements (Stanton,via Sofia and Sugihastuti, 2003:13)

In literary world, there are experienced so many transitions or re-created (Julien Bonn, 2010;93). Because of the progress of science and technology, the literature development has been changed from textual to visual. In the current theory book written by The English and American Studies Professor of The University of Innsbruck, Mario Klarer entitled "Introduction to Literary Study" (1998), specifically support movie as classification of a literary work, (P; 56-57) which is a genre of contemporary literary.

In analyzing or observing a movie that has a lengthy form or duration, we need the easiest way to analyze it then begin to examine separately and put back together as a whole. So, we should break the whole movie and text down into its smaller parts which called elements. According to Muller and Williams, talks about the element of movie called literary aspects of movie ;

- Character

Character can be defined as a verbal representation of a human being (Roberts and Jacobs, 1995: 131). Through the speech, description, and action that worth caring about, even though there are also characters that migt be dislike, or even hate. Abrams (1999: 32-33) stated that Characters are persons that represented trought their act, and will be interpreted by the audience using the particular moral, emotional, and intellectual. A character occupies a strategic position as a carrier and transmitter of the moral, message, mandate, and even a reflection of mind, attitude, and the author desires (Nurgiyantoro, via Sofia and Sugihastuti, 2003: 16)

In a movie, the character is divided into 3 types; 1) Primary Characters: The major players in a story that appearing in numerous scenes. 2) Secondary Characters: Important but supporting roles, generally appearing in fewer scenes. 3) Tertiary Characters: Bit players who appear in one scene to perform a single function in relation to the plot.

- Plot

In a movie, plot organize the informations and events in a story logically. According to Freytag's pyramid theory, plot also named as a dramatic structure in movie. Freytag develops plot into five stages;

1) Exposition
2) Rising action
3) Climax
4) Falling action
5) Resolution.

- Conflict

According to Perrine (1984:56), conflict means a crash of thenactions, idea, desires between characters physically, mentally, and emotionally. There are two types of conflict;

a. Internal Conflict

It is the inside conflict of the character. The conflict is about struggles with desires, fate, morality, and belief. The form of this conflict is central to the character(s) and must be resolved by the character alone. Internal conflict also known as a man versus self.

b. External Conflict

This conflict is deal with the problems of the word. The characters will struggle and may even suffer. External conflict occurs when the characters are involved in the world's woes, such issues, nature, government and other character. External conflict also known as man versus man, man versus nature, man versus society and man versus fate.

- Mise-en-scène

The arrangement of everything that appears in the actors, framing, props, visual, décor, costume is called mise-en-scène. David A. Cook, in his book A History of Narrative Film, points out how a mise-en-scène is formed by all the elements that appear "within the shot itself, as opposed to the effects created by cutting." In other words, if it's on the screen and if it's a physical object recorded by the camera. So, it is officially the part of the mise-en-scène. Every single shot of the gesture, expression, and dialogue are clearly recorded as an explanation here.

- Script movie / Screenplay's Dialogue

A screenplay, or movie script is a kind of written work by screenwriters for a movie. These screenplays can be original works or adaptations from a writing story. In the screenplay / movie script, there are also setting, movement, actions, expression, and dialogues of the characters that have been prepared for the movie production. Screenplay / contains a dialogue of each character. This dialogue may contains a message from a movie.

The audience have to infer for themselves what the characters look like through their thoughts, speech, physical appearance, and interaction with the other characters, including other characters' reactions to them.

French philosopher Henri Bergson's Matter and Memory (1896) stated, Movie (motion picture) also called film, is a medium that used to tell or inform a story, help people to learn, simulate experiences that communicate ideas, stories, perceptions, feelings, beauty or atmosphere by the means of recorded moving images along with other sensory stimulations. According to Reel Spirituality: Theology and Film in Dialogue Robert Johnston (2006: 24), the medium of film has a unique artistic power that can affect lives by communicate truth. As an art form, film has the ability to accomplish the process of reflecting true things about reality (mimesis) (Aristotle, 1996). The founder of the Surrealist movement (André Breton), saw movie had the ability to tell a story using techniques of superimposition, and slow motion.

In 1960s and 1970s, the theory of movie has imported concepts from established disciplines like psychoanalysis, gender studies, literary theory, semiotics, anthropology, until linguistics. From this evolution, Sigmund Freud

and Jacques Lacan's analyze that we can also find the artistic expression of human mind, the moral value inside the movie, and uncover the truth behind the movie and movie's script. It can be said that in order to appreciate one of some literary works, most people or studies that wants to analyze the movie, some of which are because the movie have a uniqueness, gaffes, strong values, the elements that interesting or different from others, questionable, and build some curiosities. So that, the film potentially very interesting to be studied and known more deeply. Many of literary elements are also available used to narrow (in the sense of detailing) information that related to the film to be analyze, and it can greatly help facilitates the analysis of the film.

2.1.2 Approaches in Literature: The Extrinsic Approach

In the book "Theory of Literature", Welleck and Warren (2010, page 23-24) classify two types elements or approach that used in literature, namely intrinsic and extrinsic approach. But we will focus more on the extrinsic approach. Extrinsic approach is the structural development outside the genre that become the way to analyze the literary work using a literature theories to get an understanding between the theory and the material that will be used. The extrinsic approach has some characteristics, which are background (history), biography, psychology, religion, and social circumstances, with the purposes of built the work become a portrait of objective at the same time. So that, the psychological mood state of character and author can be understood at the same time.

According to Marxism theory that was develop by Lukacs about "Reflection of literary works it can be in reality of life". He develops the

approach of realist as a treating literary works as reflections of an unfolding system, and also added the situation and the elements which depicts the literary and reality of life. Lukacs believes that the main purpose is to reveal the pattern of the contradictions in social order, that focused on the insistence, the material, historical nature and the structure of society. The way to reflect the story of a movie as if it is a real true life story is to frame the mental structure that is transposed into reality through this extrinsic approach (Widdowson, 2004, p.94).

Because of the psychological condition is become a focus in this study, so, the writer choose the extrinsic approach as an integral part of the building works of literature that going to built this study. Other than that, according to Eaglestone, "the literary text is part of the world and rooted in its context". The extrinsic approach could look at things such as "the history behind a book, psychology, gender issues, the authors intentions, social issues and much more" (Eaglestone 43-44). That is why, when analyzing this A Star is Born (2018) movie, the writer choose an extrinsic approach in order to get some important information to know beyond the text and how the other factors may impact the reader to realize that there is an issues that most common and related to people around the world, shown trough this movie, which also can be analyze in this study, and get people to realize and know more about it.

2.1.3 Psychology and Literature

Since a long time, literature and psychology have a close relation and cannot be separated. The relation of both showed by the term of psychology of literature. What means by "psychology of literature" is psychological studies

that are applied in literary work. One of them is the study of psychological types and laws present within work of literature.

> *"Psychology does not study psychic directly because it is abstract, but psychology limits in the manifestation and expression of the psychic is shaped behavior and process or the activity, so psychology can be define as a science that studying the behavior and mental health". Leite (2003: 7)*

From the quotation above, we can understand that there is a strong connection and influencing each other between the psychological perspective and literature. As the writer use in this study, the psychoanalysis used as a basis of critical approaches to analyse the movie. It has been applied to others movie as well for many times.

Rene Wellek and Warren (1956 : 81) states that psychological of literature may become as a psychological study of the writer, as type and as individual, or the study of the creative process or the study of the psychological types and laws present within work of literature, or finally can affect the audience psychology. Learning psychology means an effect to learn the understanding of individually and its aspect to understand a character who has a unique and specific attitude through a psychology analysis. Psychology can be used to explain the mental condition of the character.

Psychoanalysis is one of the literary criticisms that developed by Sigmund Freud which uses come of the techniques and point of view of psychology in the interpretation of literature. In the medical knowledge, psychoanalysis is used to treat people and cure them of their mental issue. While

in this case, psychoanalysis is used as techniques to interpret literary works. In its development, psychology as a science has developed according to the scope of the study (Walgito, 2004: 23-24).

Basically, this psychological analysis based on three approaches. First, it concerns with psychological condition analysis of the character in the movie. Second, the approach that explores the audience psychology that influenced by the movie they have been consumed. Third, the approach that analyze the psychological condition of the director expressively when the movie or movie's script is created (Wellek and Warren, 1995: 91).

There is no limit to psychoanalytic thought. As psychoanalysis deals with language and with interpretation, it was introduced as a significant approach to the idea that there are motives and meanings which are disguised through other meanings, called "Hermeneutics of suspicion". This is the basis of how the extrinsic elements that have been chosen to be discussed in this study can be thoroughly explored and even elaborated. From that idea, it will rise the execution of the analysis that involve the movie and the movie's script, so it can be able to narrow the analysis into a specific condition. Early applications of psychoanalysis to the movie is concentrated on meanings behind screen. From there, a wider consideration of the subject position which led to wider engagements with critical theory and psychoanalytic film theory proper.

Freud's concepts of the unconscious is utilized in movie theory. The 'unconscious' of a movie is known as subtext. For example in analyzing a personality with a mental disease, the story of a movie may conduct the audience towards a more concrete insight into reality that gets beyond a mere

common sense of things. In this research, a knowledge focused on one of mental disorder called depression that uncontrollably happen in a musician.

2.1.3.1 Depression

Now, we are in a discussion of the theory that becomes a core in this study. This theory elaborate the most related issues in people nowadays. As we know, Close to 800.000 people die due to suicide every year, and mostly it caused by a depression (World Health Organization, 2018). Depression is more than just unhappy. The clinical or major depression is a mood disorder that involves both body and mind. Depression is a sad feeling that makes someone thinks if they life is meaningless, and their thought centered on the failures and mistakes or accuse themselves (Seligman, 1973). Unfortunately, most depressive sufferers often did not get adequate help or even not detected by their family and the environment. The symptoms of depression is often seen only as a natural emotional turmoil that occur at the developmental stage in the life phase. Of course, sadness and having a loss of interest or pleasure in the life phases are definitely familiar feelings for all of us. But if they persist and affect our lives substantially, that is what we called as a Depression, and it is classified as a mental disorder.

An important contemporary theory of depression that regards thought processes as causative factors is Aaron Beck's (1967;1985) is central thesis is that depressed individual feel as they do because they commit characteristic errors in thinking. He found that his depressed patient tended to distort whatever happened to them in the direction of self-blame, catastrophes, and the like. Beck's position is not that

depressives think poorly or illogically in general, rather, illogical conclusions and come to evaluate negatively themselves, their immediate world, and their future.

According to Beck, depressed individuals have acquired, through loss of a parent or an unrelenting succession of tragedies, or the social rejection, or the criticisms, or the depressive attitude of a parent, or a negative schema. The negative schemata that depressed persons have acquired are activated whenever new situations they encounter resemble in some way, perhaps only remotely, the conditions in which the schemata were learned.

Another theory is Freud's psychoanalytic theory which use an example of the psychodynamic approach. Freud (1917) proved that many cases of depression that often occurs as a reaction to the loss of an important thing. Freud distinguished between actual losses and symbolic losses (e.g. loss of a job). Both couldbecome a depression by causing the episodes. And then, Freud stated that depression is simply due to an excessively severe super-ego. Thus, the depressive phase occurs when the individual's super-ego or conscience is dominant.

There is a general agreement on the most common signs and symptoms of depression *(Robins and Guze, 1970; American Psychiatric Association, 1987)* :

1) Sad, depression mood.

2) Difficulties in sleeping (insomnia)

3) Shift in activity level, becoming either lethargic (psychomotor retardation) or agitated.

4) Lost of interest and pleasure in usual activities.

5) Negative self-concept; self-reproach and self-blame, feelings of worthlessness and guilt.

6) Recurrent thoughts of death or suicide.

From the symptoms that mentioned above, in 1917, Freud, said that there are so many cases of depression were due to biological factors and affect to people aged around 20 - 30 years old. However, Freud also argued that some cases of depression relate to their past, because they have losing someone or bad things has already happened to them. He saw the potential for depression being created early in childhood and that occurs as a reaction to the loss of an important thing in their life. Moreover, one study found that lack of support and loneliness also functions as both a symptom of depression and a predictor of depression. It is causes depressive individuals develop the depressive ways of thinking, such as cognitive distortions that lead to imagine (ideation) suicide and sometimes even on suicide attempts (Rosenhan & Seligman, 1989). Martin Seligman (1974) proposed a cognitive explanation of depression called learned helplessness. According to this, depression occurs when a person learns that their attempts to escape negative situations make no difference, with the consequences of they become passive.

2.1.3.2 Uncontrollable Depression

A depression can also consists of episodes and last for several weeks, months, or years, it is known as an uncontrollable depression (hopelessness depression) (APA, 1994). Usually this kind of depression becomes maladaptive and abnormal when present in high intensity and sedentary, and it's commonly said as a major depression. It is a annoyance of psychology or mood that characterized by excessive sadness, discouraged, feeling worthless, felt life was empty and there is no hope for a long time. This kind of depression is always lead to suicide.

This theory was developed as a response to limitations in Seligman's (1972). This earlier model of depression was based on the finding that dogs that were repeatedly exposed to uncontrollable shocks would cease to attempt to escape even when this possibility was later made available to them (Overmier & Seligman, 1967; Seligman & Maier, 1967). In other words, this theory explained that repeated exposure to uncontrollable and aversive environmental stimuli leads gradually to the belief that this situation is inescapable from a sense of the uncontrollable depression regarding the situation. (Abramson, Seligman, & Teasdale, 1978). The risk of this uncontrollable depression's tendencies is more increase in depressed people who are related to substance abuse or use narcotics and alcohol, especially on Male. The relation between depression and substance abuse is like a vicious circle. Initially, alcohol and narcotics became a shortcut for depressive individuals to forget the stressors that trigger the depression, however in turn it makes things worse and the depression become

uncontrolled (Daneman, 1961 ; Covi et al), also we know that the rate for male alcoholics is 75 times greater than for the general population of men (Kessel & Grossman, 1961). And in society, the uncontrollable depression's trigger is marked by the increase number of the academic and work demands, social pressure that getting worse, and the increasingly of mortality due to suicide, (Newsweek, 7 October 2002). This theory was later revised in a more fully articulated form as the hopelessness theory of depression (Abramson et al., 1989).

According to Rose and Abramson (1992), when confronted with a bad life event, the individual attempts to come to an understanding about the cause of the tragedy, so as to prevent its potential recurrence. Firstly, the individual may be likely to form relatively benign causal attributions that are external, unstable, and specific in nature. If these events become chronic or pervasive, however, such attributions are repeatedly disconfirmed, increasing the likelihood that the individual will instead turn to more depressogenic causal attributions (a stable vulnerability factor for depression) that are internal, stable, and global in nature. Continual repetition of these events serves to reinforce the depressogenic attributions, which consequently become increasingly trait-like.

Thus, the individual assume that they fail most of the time; a self - blame schema burdens them with responsibility for all misfortunes; and their negative self-evaluation schema constantly reminds them of their worthlessness. The following is a list of the principal cognitive distortions of depression tendencies issues :

1) Arbitrary Inference (A conclusion drawn in the absence of sufficient evidence or any evidence at all.)

2) Selective Abstraction (A conclusion drawn on the basis of but one of many elements in situations)

3) Overgeneralization (An over all sweeping conclusion drawn on the basis of a single, perhaps trivial, event)

4) Magnification and Minimization (Gross errors in evaluating performance.)

Becoming uncontrollably depressed did not have lower expectancies for positive outcomes or higher expectancies for negative outcomes, nor did they perceive themselves as having less control over the events in their lives (p.218). So that, a major life change also become a strong trigger of the uncontrollable depression. Not only that, even the slightest blaming from other people will immediately become a trigger that can be considered fatal.

Make a suicide decision become the only way out or a permanent "solution" to a temporary state is what the uncontrollable depression's patient always do. The suicidologists also regarded people who uncontrollably depressed did a suicidal after a prolonged period of time, such as the alcoholic who will not seek help. Uncontrollable depression is a part of depression, the final stage or we can just say it as a climax of a stage of depression. Even though the causes and symptoms are literally the same with depression, the uncontrollable depression shows more worsening lifestyles and decisions that made from their own thoughts. It shown by the increase of the number of death caused by uncontrollable

depression that becomes a tendencies, especially in American rock star musician which still have no solution to decrease it, although there have been many prevention and treatment.

From these theories, it can be conclude that uncontrollable depression can persist in one individual for a long time and tends to have a negative impact if no one in the family or environment realizes that mental health really needs special attention and not mentally support them. They really need a mentally medical treatment through psychologist or also a psychiatrist when it comes to the intermediate and final stages, to minimize the negative impact of the uncontrollable depression tendencies issues.

2.1.4 A Star is Born (2018) Movie

A Star is Born (2018) movie is one of several movies that rising depression as the main problematic. This movie is strongly represent how depression attacks musician's psychic and life. Some dimensions of meaning which is explicit are played by the character of Jackson Maine. A movie that known as an romantic musical drama movie and starring by Breadly Cooper and Lady gaga as main characters.

This movie told about seasoned musician Jackson Maine, an alcoholic who feels bored with life and feels empty in the midst of his fame. He was unintentionally met by a worker at Bleu Bleu Drag Bar with Ally (a waitress and drag bar singer), since then, he began to change his perspective of the music

world, and think that there is still people who sing with her heart, even though she's not in the big gigs, concert, or place. To him, that was such an idealism which should be owned by a musician like him. Their love story began, Jackson Maine felt like he was alive again after a long time and found someone who could gradually minimize his depression. It is until the time when he sucsess become a good partner and mentor for Ally and made her became a star, unfortunately it did not convenient with his expectations. He saw Ally as a different figure and also out of his expectations of the views about a great musician. He began to understand that his depression was getting worse, uncontrolled and even lead him to a bad condition

A Star is Born (2018) is an American movies that directed by Bradley Cooper produced by Bill Gerber, Jon Peters, Bradley Cooper, Todd Philips, Lynette Howell Taylor, and distributed by Warner Bros Pictures, which released on August 31, 2018 (Venice) and October 5, 2018 (United States). This movie based on A Star is Born's story concept by William A. Wellman, Robert Carson, Dorothy Parker, Alan Campbell. The Screenplay of this movie was written by Eric Roth, Bradley Cooper, Will Fetters. A Star is Born (2018) movie able to produce box office views by making a number of profits around $436.2 million. It is because of the visualization in A Star is Born (2018) movie can accommodate some dimensions of meaning which is explicit therefore people can feel and get involved in the character's experiences.

Among several movies that told about musicians or depression, the writer chooses A Star is Born (2018) movie to be analyzed in this study. The writer interested in how the movie presents an incredible critics that tucked away inside the character's dialogue, without realising that there was clues there

with a good language. It feels like the movie said "To critics something, no need a rude movie script". Other than that, this movie has a part that tell a background of the character through a dark joke, as if consider it as a joke even though the reality is bitter. And for the last, the writer think that A Star is Born (2018) is the only one movie that shows two big and important different messages at once, at the same time in both main character.

2.2 Review of Some Previous Related Studies

In this section, the researcher mentioned some research which had been done before to confirm the originality of this research. Previous studies also used A Star is Born (2018) movie its object.

2.2.1 1st Previous Study

The first researcher is Atinia Hidayah from University of Science Al-Qur'an University, Wonosobo, Indonesia who conducted a study entitled Solitary Freedom in Bradley Cooper's A Star is Born (2018). The study analyzed about the revelation of meaning through signification process in a film titled 'A Star is Born (2018)'. She shares the research intends to discuss the signification process in creating meaning and representation of freedom and loneliness in two major characters. Her study is conducted by explaining, deciphering, or making representation in order to gain findings that include major signifiers that signify the signification of freedom such as character's ability to sing and play instruments; and loneliness such as alcohol addiction. The research employs three steps of research process. Initially, proposal design is organized and this stage involves theories and method used. By applying qualitative method, the data are described in words and interpretation is

conducted to provide the result. Ferdinand de Saussure: Semiotics is used here to analyze the solitary freedom signs.

The result in Atinia Hidayah's Thesis shows that Jack clearly shows that his thriving career is haunted by his alcohol addiction and he lives his long life being alcoholic. Escaping his dark childhood, he finds his passion in music that encourages him to embrace the freedom as individual. Becoming a star gives him the best life, which is what most people think, however he is stuck in his own loneliness and finds peace through alcohol. Even though his freedom is there to feel, he keeps feeling lonely after all. Meanwhile Ally faces her own version of solitary freedom. Initially, she is free to do what she loves as a musician but she cannot avoid herself from the loneliness caused by Jack's ignorance.

The result of the writer's research will be different because she concerns in depression tendencies which is truly different with the result of solitary freedom analysis in Atinia Hidayah Thesis.

2.2.2 2nd Previous Study

The second research was conducted by Ulvi Tyas from UIN Sunan Ampel University, Surabaya in 2019. The study entitled Intimate Language Style used by The Characters *of A Star is Born* movie analyze the A Star is Born (2018) movie to describe the language styles that exist in "A Star Is Born" movie, with analyze the intimate utterances used by the characters in the movie. The aims of the research are to find the intimate style used by characters, and to reveal the factors influence the characters uses intimate style. Ulvi Tyas applied descriptive-qualitative design in her thesis. The data is in form of "A Star Is

Born" movie transcript. She answered her thesis by using Sociolinguistic theory which was taken from the book under the title The Style of Five O'clock by Martin Joss (1976) and the book of An introduction to sociolinguistics by Janet Holmes.

The result of the research show that the researcher found the 22 data of intimate language style that used by the characters of the A Star Is Born the movie. Researcher found (5) data of intimate style with addressee characteristic, (3) extraction characteristic, (3) jargon characteristic, (6) close friend relationship, and the last is (5) family characteristic utterances. In the second research question, the researcher uses the theory of social factor according to Holmes (1992). There are four the social factors that influence characters to use intimate style. In this first factor is participant. The participant of this movie has very close relationship such as family's member or close friend.

The result of the writer's research will be different because she concerns in depression tendencies which is truly different with the result of the language styles analysis in Ulvi Tyas Thesis.

2.2.3 3ⁿᵈ Previous Study

The last research was written by Synthia Santoso from English Department, Faculty of Languages and Literature, Petra Christian University, Surabaya entitled The Suicide of Jackson Maine in A Star is Born This study discusses the reasons for Jackson Maine's death as portrayed in the film. To do that, she use Thomas Joiner's Interpersonal Theory of Suicide and Joiner's theory that discusses the qualities and conditions in his life that may cause him to commit suicide. She also use David Brodwell and Kristin Thompson's Mise-

en-Scène approach. Using the approach, she can find the reasons behind his death of Jackson Maine by analyzing the film's visual arrangement within the scenes. Synthia Santoso found that Jackson Maine experiences great difficulties and disappointment that he fails to cope and encourages him to end his life. Social disconnections, burdensomeness beliefs, and suicide capabilities become the reasons behind his self-destruction decision.

The result of the writer's research will be different because she concerns in depression tendencies which is quite different with the result of suicide reason analysis of Jackson Maine in Synthia Santoso Thesis.

Those previous studies above are totally different each other, even with this study. All of them discussed about different topic and using different approach, but with the same movie, which are A Star is Born (2018).

CHAPTER III

RESEARCH METHOD

In this chapter, the discussion will be focus on the methodology of the study that covers about research design, data and source of data, data collection method, techniques of data verification and also data analysis. Overall, that was obtained from the movie and clearly supported by the conversations of the character which scripted in movie's script.

3.1 Research Design

In this study, the writer used Qualitative Descriptive Analysis Method to complete the data. According to Bogdan and Biklen in Sugiyono (2010:21) it is the most suitable research plan and procedure to answer the problem. This method used to analyze and interpret the data. The data collected is in the form of words that describing the evidences of how bad the psychological condition of a musician who living with a

depression in music industry as played by Jackson Maine character in "A Star is Born (2018) Movie.

3.2 Data and Source of Data

There are two sources of data : The primary data and the secondary data. In this research, the source of primary data is the film itself that is produced by Bradley Cooper and the " A Star is Born (2018) " movie's screenplay from Script Processing Department of Warner Bros Picture's . Whereas, the secondary data is taken from some critical works and some books that concern with the film and the explanation psychoanalysis theory.

3.3 Data Collection Method

The data of this study are sentences and dialogues from the movie script. They have been collected based on the purpose of the study. In brief, the writer had to select carefully the data needed in the '' A Star is Born (2018) '' movie. There were some step done to collect the data of this study. They were :

1. Watching the movie by understanding and analyze every motion or activity.
2. Reading script and dialogs (especially when it is connected to Jackson Maine character) of the '' A Star is Born (2018) '' movie produced.
3. Conducting identification towards all sentences and dialogues in the movie.
4. Choosing the data dealing with the problems that will be investigated.

3.4 Techniques of Data Verification

The writer needs to explain the techniques that used to verify the data in this study. Generally, in qualitative research it is used to check the validity and credibility of the data. One way to make the data dependable by repeated the working in the same context, with the same method, the same objects and the similar result would be obtained.

In this study, to check the validity of the data, the writer read the movie transcripts for many times to convince the readers that the gotten data were valid. Furthermore, it is also the way of the writer makes a consistency of data. Thus, the writer selects and identifies the text, after that the writer classifying and analyzing the kinds of dialogs. After the writer got the result of data analyze, writer showed the results of the data that has been analyzed and then decided the conclusion.

3.5 Data Analysis

The activity of understanding a literary work needs a suitable approach. In this study, the writer uses Psychoanalytic Literary Criticism Approach as the data analysis. There are four steps that used to analyze data here, as follows:

1. Watching the movie by understanding and analyzing the movie.
2. Listening to the statement of the main character's in the movie
3. Determining the component parts which related to the depression issues.
4. Drawing the conclusion based on the data analysis.

CHAPTER IV

FINDINGS AND DISCUSSION

This chapter is the main part of the whole study. At this chapter, the writer presents findings of the study and the discussion simultaneously with analyzing some aspects which are regarded as the important elements in writing this thesis. The findings of the study not only show the object being researched but also as the data presentation.

4.1 Findings

As discussed in chapter two, the analysis and disscussion based on the theories, while the criticism is focused on one of the extrinsic element, which is the psychological condition analysis (psychoanalytic literary criticism) using the element of movie (movie literary aspects). This analysis conducted through some process of finding a relation between the problems that being a research question, the character and his social perspectives in music industry life, and also the causes that triggers a problem which related to the character of Jackson Maine in "A Star is Born (2018)" movie. In

this section, the writer will explain, describe and answer the research questions based on the study's findings and the research questions.

4.1.1 The proofs of the uncontrolable depression tendencies issues that happened in musician, through Jackson Maine character in the movie

First of all, the usage of the dialogue in A Star is Born (2018) movie script and mise-en-scène is used as an evidence to show Jackson Maine's depression.

a. Character

The appearance of the character in the movie is really represents the image of a musician who lives with depression.

- *Primary Characters*:

    The character of Jackson Maine (Jack) is become the main point of the study. This character is shown as a talented rock star, but he has a different lifestyle than other rock star in general, who have a glamorous lifestyle. He is what he is. A mature, romantic, kind, caring, and independent. Bit, beyond that, he has severe uncontrollable depression.

- *Secondary Characters* :

    The character of Ally is the second main character who has an important role in the delivery of the hidden messages behind the frenzied world of the music industry. This character became a part from the rising action until the resolution who triggered Jack's depression.

- *Tertiary Characters* :

The character of Bobby here is a strong supporting character that provides an information of Jack's background. Many of Jack's background old through this character, either directly or indirectly. Despite his lack of appearance in the movie, he also has an important role in Jack's life.

b. Plot

- Exposition

In the exposition Jack still has a good career. But behind that, he did not enjoy his success, either he feels empty.

[SHOT] 00 : 22 : 00 - 00 : 03 : 41

INT. DOME TENT - MAIN STAGE - CONTINUOUS ACTION

The crowd erupting. With a wave, he flings off his hat and wields his guitar, his rhythm guitarist now opposite him.

[GESTURE & EXPRESSION] 00 : 03 : 33 - 00 : 03 : 36

He seemed tired, but he tried to hide it in front of his fans and whilst smiling.

[GESTURE & EXPRESSION] 00 : 03 : 43 - 00 : 03 : 56

Those are real image of Jack. The iconic scene where he took his cowboy hat off shows that he has finished his job

[STATEMENT] : 00 : 05 : 42 - 00 : 05 : 43

INT. SUV - TIGHT - JACK'S PROFILE - LATER

Jack   : I don't wanna go home.

This statement in this dialogue with Phill is one of the sign on uncontrollable depression, where people tend to go home directly

after work, instead chose to go somewhere else to calm his mind. It is because he thought that he did not have a home.

- Rising action

It is a point where Jack finally found a new hope

[SHOT] : 00 : 09 : 30 - 00 : 12 : 09

Jackson Maine starring at Ally's performance at the drag bar.

[DIALOGUE] : 00 : 12 : 10 - 00 : 12 : 23

    Ramon   : Papo, are you crying?

    Jackson   : Ah, no.

Jack is on tears after looking at Ally's performance.

[DIALOGUE] 00 : 44 : 40 - 00 : 44 : 45

      BOBBY   : Hey, Jack. You killed it.

      JACK   : Really?

      BOBBY   : Yeah.

      Bobby really glad to see Jack's amazing performance on stage after a longtime

[DIALOGUE] 00 : 46 : 21 - 00 : 47 : 02

    The proof that Ally is really bring a new hope to Jack.

BOBBY   : He's out. You think maybe he drinks a bit much? Sweetie, you have no idea. I tell you one thing. He's never brought a girl onstage before. And it's been a long, long time since he played like that.

Accidently, Jack found someone who can change his view of the musical worlds, and he also meet Ally, someone who has a great talent as a drag bar singer. Jack's way to treat Ally, and the way he looking at Ally sign that he has found a hope. Until it comes to a point that Ally change the way Jack being a musician, cause he became very full of spirit again.

- Climax

[DIALOGUE] 01 : 05 : 59 - 01 : 07 : 30

INT. HOTEL - SUITE - NIGHT

Ally is so excited telling Jack that she was offered a job by the Interscope Records. But Jack's response is not that happy.

    JACK   : Yeah.

He just gets up, walks away and doesn't say anything. He takes a whipped cream and smashes it into Ally's face.

    ALLY   : (laughing)You jealous fuck.

    JACK   : I'm so happy for you.

[DIALOGUE] 01 : 11 : 17 - 01 : 12 : 05

INT. JACK'S HOUSE - CLOSE ON HANDS – DAY

This prove how Ally's quality time for Jack is not that much anymore.

It is different than before Ally become a top singer

JACK :   Would you come with me to Memphis? (He told about

                his plan)

ALLY : Rez wants to keep me here because they rushed out the single.

They were so excited that they want me to finish the album. So
I'm working on that.

[DIALOGUE] 01 : 35 : 03 - 01 : 38 : 21

INT. JACK'S HOUSE - BATHROOM – LATER

JACK: I don't know, maybe I just fucking failed you, it just kills me,

I'm sorry, You're embarrassing and it just –

You know, I feel bad for you.

ALLY: I'm embarrassing? I'm not fucking

embarrassing, you're embarrassing and

you know what you're doing? You're so

embarrassed of your fucking self that

you gotta put me down.

JACK : And you know why? 'Cause you're too

worried what everybody else is thinking. You can't even

concentrate on one fucking thing. That's right.

ALLY : You don't think I can handle it. Here we

go. Here we go. Here we go, Jack, want me to be your dad,

be your drinking buddy? Here we go.

JACK : Yeah, you couldn't be my dad if you

fucking tried. He had more talent in his fucking finger than

your whole fucking body, so don't even fucking go there

about that, alright? That's over the fucking line.

ALLY : Why don't you have another drink and we

can just get fucking drunk until we fucking disappear, okay?

Hey... do you got those pills in your pocket?

JACK : You're just fucking ugly, that's all.

ALLY : I'm what? Get the fuck out! Get out! I said get out!

This is was really bad argue to Jack's mental condition.

[DIALOGUE] 01 : 35 : 03 - 01 : 38 : 21

INT. MUSIC AWARDS REHEARSAL SPACE-BACKSTAGE-DAY

This prove how Jack's career become faded

JACK : What do you mean, they don't want me to sing?

BOBBY   : They hired this fucking kid at the last minute. They

                        didn't tell me a fucking thing. Look, we've been on that

                        other side before. More than once.

JACK   : Well, it's a good thing I know how to play the guitar.

                        It's fine, I'll do it.

BOBBY   : You're gonna do it?

JACK   : Sure

　　　The top of the problem is when Jack's Career was declining. While Ally on the other hand is the opposite. During this time, she can barely gave Jack her time and it made Jack feels a loneliness and lose hope, because of this, Jack felt guilty. Until finally, during an argument between him and Ally, his true feeling was revealed

- Falling action

Ally began to realize that her husband needed her attention and she needs to spare her time for him. But Jack has become addicted to alcohol and drugs that makes him more vulnerable.

- Resolution.

[DIALOGUE] 01 : 56 : 11 - 01 : 57 : 27

This is the way Ally realized that her husband her time so much to support him.

INT. REHAB FACILITY -LOUNGE–DAY-MOMENTS LATER

ALLY   : I know. But, it got bad when we were together. It's

              okay, I mean, it's fine. I just was wondering, that's

              all. Whatever you want is okay. I just want you to be

              happy.

JACK   : Whatever I want? I want to be with you. That's why

              I'm here. I'm working on that. I need to stick with

              you.

[SHOT] 02 : 09 : 56 - 02 : 13 : 09

With some of triggers that affect him, it has made him done a worsening decision to suicide

EXT. JACK'S HOUSE - DRIVEWAY – LATER

Jack's pickup is parked, then he gets out and walks back into the garage. He has his belt in his hand. He gently sets his cowboy hat on a file cabinet. He turns back in pulling down the garage door, we get a glimpse of the ceiling fan slowing its spin.

The door closes.

EXT. JACK'S HOUSE - DRIVEWAY – NIGHT

Charlie is at the garage door, back and forth trying to get in,

barking. Something's wrong. And that was the time Jack did a

suicide with hanged oneself like he did before (when he was a kid)

c. Conflict

- Internal conflict

    - Deal with Tinnitus

        Buzzing is often heard in his ears, here are some statements and

        examples of the scenes.

        [DIALOGUE] 00 : 31 : 43 - 00 : 33 : 00

        INT. DOCTOR'S OFFICE – DAY

        Jack has a pair of headphones on. We hear a high-pitched noise.

        He holds up one finger. He takes off the headphones, revealing

        a hearing doctor.

        HEARING DOCTOR : Unfortunately, you keep blasting the

                                hearing, it's not gonna comeback. I think

                                it's time we reconsider the inner monitors.

                                If we put the inner moles

                                in, we can actually use those to amplify

                                the high frequencies and cut down the

                                sound.

        (continued)

Bobby holding up Jack's earpiece.

BOBBY   : You gotta put 'em in, man.

JACK   : I told you, I can't wear those

             things. When I wear 'em, it's just in my head, and I need

             to be here with everybody else.

[STATEMENT] 00 : 19 : 38 - 00 : 19 : 47

JACK   : You know, I had a thing when I was

             little. I was born with this thing in my ear. Couldn't hear.

             What do I wind up being? A singer. So you never know.

[STATEMENT] 01 : 53 : 11 - 01 : 53 : 26

EXT. REHAB CENTER - YARD - CONTINUOUS ACTION

Carl sits with Jack on a bench.

CARL   : Can it be fixed?

JACK   : Well, you would know that, don't

               you? Once it's gone, it's gone.

CARL   : I don't know what you have.

JACK   : Oh, the tinnitus, they say, once

               you.

CARL   :Well, tinnitus can't be fixed.

JACK   : Right. Well, I just hear that tone,

             that's all. You know, the tone, yeah. The ringing.

     He has a tinnitus, a disease that can disrupt his career. He was

     always trying to hide as if nothing was happening using a hearing

     device

- He is an alcoholic and drugs addict

[SHOT 1] 00 : 00 : 28 - 00 : 00 : 31

Take the pill to drink

[SHOT 2] 00 : 00 : 34 - 00 : 00 : 36

Alcoholic

[SHOT] 00 : 03 : 57, 00 : 04 : 04 - 00 : 04 : 14

Drunk and Tinnitus

[DIALOGUE] 00 : 06 : 24 - 00 : 06 : 39

JACK   : Is there any more? (re: alcohol)

[SHOT] 00 : 18 : 10 - 00 : 18 : 16

Alcoholic

Jack and Ally now at the bar, she's got a rum and Coke,

he's got his regular drink, gin on the rocks with a twist.

[STATEMENT] 00 : 34 : 23 - 00 : 34 : 24

ALLY : He's a drunk! You know all about drunks!

[SHOT] 01 : 45 : 17 - 01 : 45 : 31

INT. AWARDS SHOW - GREENROOM – NIGHT

Jack is in the packed greenroom, drinking as much and as

quickly as he can. Pops a couple of pills (drugs)for good measure

like he felt depressed.

- External conflict
  - Losing his support system

    One of the external conflicts that Jack has was the time when he

    lost the people who always support him before. This firstly

happened when Bobby quit being his manager, then continued when Ally is in her top of her career as a pop musician (read : climax). A lot of things were done by Jack to get some attention from the people around him. Even when sometimes he did that in a bad way.

- Embarrassed people that he loves

[SHOT] 01 : 45 : 17 - 01 : 45 : 31

STAPLES CENTER - ORCHESTRA SEATING - MOMENTS LATER

Unconsciously, he embarrassed Ally because of drunk (under alcohol) he did pee when Ally was speech at the podium in her winning in Grammy Awards

4.1.2   The triggers of the depresion tendencies in Jackson Maine character as a musician

     a)   Internal Factors

     -   Background of the character (his past) and losing someone that important to him,

From this point, it was revealed that some of Jack's background became a strong influence in forming his depression.

[DIALOGUE] 00 : 23 : 54 - 00 : 00 : 00

Jack came from Arizona. From all the background of him we know that he came from a not really good family story.

     JACK : Dad had like a midlife crisis, I think, so I've been told.

Made his way to Arizona, started working for this family

on a pecan ranch. Knocked up the family's daughter, she

was just shy of eighteen. That's when I came into the

picture. Well, she died at childbirth. And my dad --He

died when I was thirteen.

[DIALOGUE] 00 : 48 : 04 - 00 : 48 : 45

INT. HOTEL - THEIR ROOM - LATER

JACK : One time, my brother came home.

I was playing on this upright we

used to always have in our den. And

I was, like, in my own world.

And no one was ever home, and he

comes home to take care of my dad,

who was sick. And he's sitting

there, and he's looking at me.

And I swear to God, he looked at

me like I was special or

something, and it just kind of

filled me up.

Jack's dad had him when he was sixty-three years old. But his

brother and him have different mothers.

[DIALOGUE] 00 : 53 : 13 - 00 : 55 : 03

EXT./INT. COUNTY FAIR/BACKSTAGE – DAY

BOBBY : All Dad ever did for you is make you his fucking drinking buddy. And you'd be right there with him if he was still alive, and you fucking know it.

When Jack tried to did a suicide and tell it to his Carl as it was a joke.

[DIALOGUE] 01 : 53 : 09 - 01 : 54 : 50

EXT. REHAB CENTER - YARD - CONTINUOUS ACTION

JACK : You know, I'm convinced that it happened when I was younger. My dad had a Victrola, you know, an old record player and I used to, my head was just about the size of it when I was a kid and I used to love to just put my whole head in there. He was big into the blues, so. 'Cause you gotta figure, it was just me and him all day long. My brother's out there trying to make something of himself. So I took one of his belts. I put it around the ceiling fan and tried to do the deed. The whole fucking fan came out of the ceiling.

JACK   : Had a big cut on my fucking forehead. I was more mad about that than it not working. And he didn't even notice. He didn't even fucking notice.

CARL   :'Cause, 'cause he was drunk?

JACK   : Yeah.. That fucking fan stayed on the floor for about a half a year.

This suicidal thought exist when he was thirteen.

- Self idealism as a musician

  He sing just the way he sing, he did not really want to follow the market of music industries because his idealism were very tough, and therefore many new musicians could replaced him

- Loneliness and over think also a bad treat to him for the one he love that lead to perceived burdensomeness

[SHOT] 01 : 44 : 13 - 01 : 44 : 20

JACK'S HOUSE - MUSIC ROOM

Jack sits alone dejectedly on the sofa.

[STATEMENT] 01 : 18 : 46 - 01 : 18 : 59

ALLY : I won't do this again. I won't come and find you. Next time, you can clean up your own mess. You understand me?

He nods his head.

b) External Factors

- Deal with the consequences of being musician

  He has faced the consequences as a musician for many years, treated as if he someone who does not have a privacy and every time has to act as friendly as possible to everyone.

[DIALOGUE] : 00 : 21 : 00 - 00 : 21 : 28

Jack really don't has his privacy at all. Even the police want to take a photo with him even if that was not the right time

[DIALOGUE] 00 : 22 : 34 - 00 : 22 : 50

CLICK.

The Cashier is holding up her phone and just took a picture

FEMALE CASHIER : I'm sorry. I had to.

JACK   : That's all right. Have a

                                  good one.

ALLY   : It's not really all

                                  Right.

[DIALOGUE] 00 : 23 : 18 - 00 : 23 : 53

ALLY : How the hell do you deal with that

           all the time? People just talking to you like

           you're not a real person. Or taking your picture. How

           do you do that?

JACK : Do what?

ALLY : Nobody ever asked you about you, huh?

JACK : Not sure.

[DIALOGUE] 01 : 44 : 31 - 01 : 44 : 59

JACK'S HOUSE - LIVING ROOM

ALLY : You just got that look on your face.

JACK : I do? Watch --(swipes his face) It's gone. Now

magically a smile (He pretends to be ok). Then heads

out

- Lack of support

It happens when Ally at the top of her career (read : climax)

- Other people's blame that makes him down.

[STATEMENT] 02 : 05 : 22 - 02 : 06 : 08

INT. JACK'S HOUSE - KITCHEN - LATER

REZ   : We're not exactly friends here.

While you've been away, we've been back here in serious

triage,trying to clean up your fucking mess. Barely

finding our way through it. You almost single-handedly

derailed her whole career. You understand that? She's

never gonna say this to you. She loves you too much. Just

by staying married to you, she looks like a joke. It's

embarrassing. Let's be honest, we both know it's only a

matter of time before that's pushed aside again for the real

thing. And when that happens, I don't want her anywhere

near you.

OFF Jack --

4.2 Discussion

In this section, the findings of this research will be discussed based on the underlying theories in Chapter II. The first is the theory of depression from (Seligman, 1973), Aaron Beck's (1967;1985), Sigmund Freud (1917). The second theory is the theory of

uncontrollable depression from Overmier, Maier & Seligman, (1967); Daneman (1961 ; Covi et al) and Abramson (1992)

The first is the theory of depression. It has a function to inform the audience about what is the basic of the problem. In this case we know that depression is more than just feelings of unhappiness, clinical or major depression is a mood disorder–a medical illness that involves both body and mind. Depression is excessive sadness feeling until makes someone thinks if his/her life is meaningless, and his/her thought centered on the failures and mistakes themselves or accuse themselves (Seligman, 1973). For example we can look in extract [DIALOGUE] 01 : 56 : 11 - 01 : 57 : 27. Jack shows how feel guilty he was to Ally. He felt like he failed Ally. So was the theory of depression from Aaron Beck's (1967;1985) and Sigmund Freud (1917) that make it clear about the depression. Depressed individuals have acquired, through loss of a parent or an unrelenting succession of tragedies, or the social rejection, as we can see on [DIALOGUE] 00 : 23 : 54 - 00 : 00 : 00. It is really that bad for the impact in Jack's future life, because the negative schemata that depressed persons have acquired are activated whenever new situations they encounter resemble in some way, perhaps only remotely, the conditions in which the schemata were learned. Freud (1917) proved that many cases of depression is like grief, in that it often occurs as a reaction to the loss of an important relationship. The symptoms that also explained by *Robins and Guze, 1970; American Psychiatric Association, 1987* also attach in everything of Jackson Maine.

The second is the theory of uncontrollable depression. It has a function to specific the discussion in this study, about depression that happened in musician through the character of Jackson Maine in A Star is Born (2018) movie. In this case a theory from Overmier, Maier & Seligman, (1967); Daneman (1961 ; Covi et al) and Abramson (1992) prove the theory that explained the risk of this uncontrollable

depression's tendencies is more increase in depressed people who are related to substance abuse or use narcotics and alcohol, especially on Male, for example in extract [DIALOGUE] 00 : 06 : 24 - 00 : 06 : 39 and [SHOT] 01 : 12 : 20 - 01 : 12 : 40 as Jack did as always. At first, alcohol and narcotics became a shortcut for depressive individuals to forget the stressors that trigger the depression, however in turn it makes things worse and the depression become uncontrolled (Daneman, 1961 ; Covi et al). The other trigger that affect a mental condition of Jack shown that even the slightest blaming from other people will immediately become a trigger that can be considered fatal. Like how Rez did to Jack [STATEMENT] 02 : 05 : 22 - 02 : 06 : 08. No body knows the exact condition until people ask them personally like how Carl did to Jack [DIALOGUE] 01 : 53 : 09 - 01 : 54 : 50.

The relation between the character of Jack and his condition give a lot of examples on to care more with the musicians that have an uncontrolled depression. This is also a critics to the music industries, where we should give a lot more attention to musicians that have depression. Because, basically they are also human.

The thing that can be understood from this uncontrollable depression seems to be unimportant, because of its position in somebody's psychological state (mind). But it has dangerous effects. Another thing that needs to be done to solve this is by giving more information about this uncontrollable depression tendencies issues and we need to increase the intensity of attention towards anyone who might have the symptoms of depression, because even a small cause of depression can be devastating if there was no attention from our surroundings.

CHAPTER V

CONCLUSIONS AND SUGGESTION

This chapter will explain about the conclusions of this research and the suggestions of the researcher.

4.3 Conclusions

Based on the findings and discussions in chapter 4, it can be concluded that A Star is Born (2018) movie is really shows how urgent is the concerns of depression tendencies issues in musician. Because, there are some proofs in the movie shows that depression tendencies issues really happened in musician with some of the triggers that

worsens their mental condition, and it is exactly the same to the condition of most all around the world's top musicians in music industries nowadays, especially in America. The data has been analyzed based on the theory of depression and its relation with the movie, movie elements, and movie script.

5.1 The proofs that related to the depression tendencies issues comes up in almost every Jackson Maine's scene and dialogue. His gigs performance that getting worse, his expression that describing his losing of spirit as a musician in music industries, his hopeless feeling that looks like he never want to live anymore, his bad habits as an alcoholics and drugs addicts, to the worst decision he have ever made to suicide is proved clearly in the movie.

5.2 The triggers of the depression tendencies in Jackson Maine character as a musician caused by two main factors ; internal factors, which are background of the character (his past), self idealism as a musician, loneliness and overthink that lead to perceived burdensomeness. And the external factors including lack of support, losing someone that important to him, deal with the consequences of being musician, and other people's blame that makes him down.

At last, there are two main point that can be concluded, first, the proofs that related to the depression tendencies issues comes up in almost every Jackson Maine's scene and dialogue, from his performance to his bad decision to end his life. Second, the triggers of the depression tendencies in Jackson Maine character as a musician caused by two main factors, which are; internal and external factors that cause a big impact to his mental condition. These points have finally answer the question of this research.

4.4 Suggestions

The information about depression tendencies issues in musician is really important to delivered. Currently we don't know how to break the stigma that it is just an ordinary issues. The movie's critics begin to revealed it in the implied form, but it has not been solved yet how this issues can open people knowing in general. The writer hopes that in the future there will be a research about how depression tendencies issues can be handled.

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FINAL GRADE

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GENERAL COMMENTS

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